Sleep perchance to dance

Lucy Guerin says dance audiences "need to let it affect them as a whole".

Choreographer Lucy Guerin sees her work as "a way of falling into" a state of abstraction, where the audience is not simply passive spectators but active participants. She wants her dances to be "a way of thinking" about the world, and for her, dance is not just about movement, but about ideas and concepts. Guerin has been working on a new piece called "Sleep perchance to dance" which explores the idea of sleep and dreaming.

The piece is a response to the current political climate, where Guerin feels that "people are living in a state of sleep, where they don't really know what's going on in the world". She wants her work to be a way of waking people up, of challenging their perceptions and forcing them to think differently.

Guerin's work is often characterized by its visual impact, and "Sleep perchance to dance" is no exception. The piece features a large screen on which images of dancers are projected, creating a surreal and immersive experience for the audience. Guerin wants the work to be a "way of thinking about the body and the mind, and how they are connected".

"I want to make dance that is not just about movement, but about ideas and concepts," Guerin says. "I want to make dance that is not just about the body, but about the mind, and how they are connected."
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Author/s:
Brow, Suzanne

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